

## SAFETY TIP SHEET FOR VOLUNTEERS - ADOPT-A-PARK PROGRAM

Below is a list of suggestions from Keep Victoria Beautiful to help make your cleanup experience a safe one!

### SAFETY TIPS DO'S

- √ Have a first aid kit handy
- √ Obey all laws and regulations, terms and condition that relates to safety as required by the City of Victoria for the area under clean-up
- √ If participants are 15 years of age or under an adult must be present.
- √ Prohibit possession or consumption of any alcoholic beverage.
- √ Wear gloves and thick-soled, closed shoes
- √ Wear long pants and long-sleeved shirts
- √ Wear safety vests or bright-colored clothing for roadside cleanups
- √ Wear sunscreen and bug repellent
- √ Drink plenty of fluids in extreme temperatures
- √ Be aware of your surroundings and the potential hazards associated with them (passing cars, hazardous tree branches, poison ivy, bees etc.)
- √ Use the "buddy system" working in teams of two or three facing on coming traffic to maximize safety
- √ Keep pre-moistened towelettes on hand
- √ Wash hands with antibacterial soap after the cleanup
- √ Know emergency procedures, such as the location of the nearest emergency facility and how to quickly summon an ambulance or the police

### SAFETY TIPS DON'T

- √ Perform any activities outside of your physical capabilities
- √ Use of power tools or motor-driven equipment
- √ Pick hazardous materials such as hypodermic needles, sharp objects, old car batteries, animal carcasses or other unidentified, questionable objects
- √ Overstuff bags
- √ Attempt to move large objects – report them to Recycling and Solid Waste Division
- √ Schedule cleanups during peak pedestrian or traffic hours
- √ Conduct cleanups during extremely inclement weather
- √ Conduct cleanups near or around construction sites
- √ Allow minor children to participate in cleanups